

personal info

ZESHAN QURESHI
BM MRCPCH MSc BSc (Hons)

25 Joseph Hardcastle Close,
New Cross, London. SE14 5RN

Mobile: 07745 765630
Email: zeshan.u.queshi@gmail.com

Academic Paediatrician, London Deanery, now working in the field of Global Child Health. Actively strives to attain ethically sound relationships through empathetic consultation and the application of acquired medical acumen and skills that collectively build patient rapport and gain patient trust.



education

2013 - 2015

University College London

Awarded MSc in Global Health and Development (Merit)

2003 - 2009

University of Southampton School of Medicine

Awarded Bachelor of Medicine Degree (Distinction in Finals)

2007 - 2008

University of Southampton School of Biomedical Sciences

Awarded 1st Class Biomedical Science Degree (Hons)

competencies



- Neonatal Venepuncture
- Cannulation
- Capillary Blood Gas Sampling
- Lumbar Puncture
- Intubation
- Surfactant Administration
- Interosseous Needle Insertion
- Umbilical Venous/Arterial Cannulation
- Pleural Fluid Aspiration
- Ascitic Fluid Aspiration
- Ascitic Drain Insertion
- Chest Drain Insertion

research experience

2014 – Conducting research on causation pathways, and potential interventions to prevent stillbirth in low and middle income countries

2011 – Working group member of “Generation 2015”: a global DNA-based birth cohort study in the developing world. Funded by Bill and Melinda Gates Foundation (\$10 000 000) I have already been involved in designing the research protocol. Launched in 2014, starting in Pakistan, Bangladesh, Croatia, China, South Africa, and Tunisia.

2013 – Invited Expert Clinical Advisor to NIHR Group commissioned by NICE to look at the feasibility of bedside testing of response to blood thinning agents

2011 – Invited expert for neonatal mortality modelling meeting, Edinburgh 2011 (funded by Bill and Melinda Gates Foundation)

2009 – Appointed as expert reviewer for manuscripts submitted to Cardiovascular Therapeutics (IF 4.1124). Reviewed two articles on aspirin resistance

2007 – 2009 – Worked alongside the Wessex Cardiac Unit at Southampton General Hospital, with Professor Nick Curzen and his team; undertook research in platelet function testing and antiplatelet therapy

achievements

Prizes

Elizabeth Garrett Anderson Prize for Best Poster Presentation – 2015

Awarded for poster presentation on professional development from authorship of junior-led textbooks

BMA Medical Book Award: Highly Commended: Scientific Basis of Medicine – 2015

Awarded to “The Unofficial Guide to Medical Research, Audit and Teaching”.

BMA Medical Book Award: Highly Commended: Radiology – 2015

Awarded to “The Unofficial Guide to Radiology”

New Leader Award (Association for the Study of Medical Education) – 2015

An annual, international award for leadership in medical education.

British Institute of Radiology/Philips Trainee Award for Excellence – 2015

An annual, national award for contributing to radiology teaching

Best Poster Presentation, 9th Annual Wessex Medical Education Conference – 2014

Awarded for poster presentation on junior-led textbooks

Best Student Poster Presentation, ASME Conference – 2014

Awarded for work done in setting up publishing company

Distinction Medical Finals Exams – 2009

Awarded to top 5% of students

£600 BPS Pharmacology Prize - 2008

British Pharmacological Society – awarded annually, one student per university for excellence in research

Research Grants

2nd Prize for Excellence in a Project Relating to Therapy - 2008

Awarded at the International Congress of Medical Sciences, with over 400 students and young doctors from across the world presenting research (Sofia, Bulgaria)

£8,000 Heart Research UK Student Award - 2007

Seven such grants are awarded nationally across thirty two medical schools annually

Scholarships

£540 Medical Education Scholarship - 2010

Awarded scholarship on merit of outstanding contribution to teaching

Courses: 2015

Neonatal life Support (07/01/2015) Level 3 Child Protection Training (20/07/2015)

2010

Child Protection Recognition and Response

Advanced Life Support | Neonatal Life Support | Paediatric Cardiology for Paediatricians. The Edinburgh Summer School in Clinical Education | Concepts in Epidemiology | UN Rights of the Child: Implications for Child Health Services

2009

European Paediatric Life Support

Exams: 2015

MRCPCH

professional appointments

Academic Clinical Fellow in Global Child Health and Paediatric Speciality Trainee

3/15 – PRESENT

Neonatology – Kings College Hospital, London

1/15 – 3/15

Paediatric Hepatology – Kings College Hospital, London

9/13 – 1/15

Academic Clinical Fellow – Institute of Global Health, University College London

3/12 – 9/13

Neonatology – Lewisham University Hospital, London
Rotated through Post Natal Wards, and Special Care Baby Unit

9/12 – 3/13

Paediatric A&E – Lewisham University Hospital, London
Rotated through Paediatric A and E

03/12 – 9/12

Neonatology – Croydon University Hospital, London
Rotated through Post Natal Wards, and Special Care Baby Unit

9/11 – 3/12

Paediatric A&E/General Medical Ward – St Helier’s Hospital, Sutton
Rotated through Paediatric A and E, Clinics, and General Medicine Ward

Academic Foundation Programme (FY1-2)

4/11 - 8/11

Neonatology – Edinburgh Royal Infirmary, Edinburgh

Rotated through Postnatal Ward, and Neonatal High Dependency

12/10 - 4/11

Oncology – Western General Hospital, Edinburgh

Rotated through Admissions Unit, Respiratory, Gastrointestinal, and Breast Cancer Teams

08/10 - 12/10

Cardiology – Edinburgh Royal Infirmary, Edinburgh

Rotated through Cardiology Ward and Cardiac High Dependency

04/10 - 08/10

General Surgery – Edinburgh Royal Infirmary, Edinburgh

Rotated through Surgical Admissions Unit, Upper Gastrointestinal, and Hepatobiliary Units

12/09 - 04/10

Cardiothoracic Surgery – Edinburgh Royal Infirmary, Edinburgh

Actively involved in the care of ward, HDU and ITU patients on the Thoracic Surgery Unit

08/09 - 12/09

Medicine Borders – General Hospital, Edinburgh

Rotated through Medical Admissions Unit, Elderly Care, Cardiology, Respiratory, Gastrointestinal, Palliative Care, Haematology, and Endocrine Units

clinical governance

2016

Management of Neonatal Jaundice in ED

- Led and designed a quality improvement project looking at management of jaundice in neonates presented to King's College Hospital, with focus on business case for acquiring a transcutaneous bilirubinometer.

2012

Knee and Ankle Injury

- Led and designed an audit looking at management of knee and ankle injuries presented to the Emergency department in Lewisham A/E in December 2012

Neonatal Jaundice

- Led and designed an audit looking at management of jaundice in neonates presented to Croydon University Hospital in July 2012

2010

Secondary Prevention in STEMI Patient

- Led and designed an audit looking at appropriate ACE Inhibitor, B blocker, statin, and antiplatelet prescription post acute coronary syndrome.

Cholesterol measurement and Statin prescription

- Led and designed an audit looking at appropriate statin prescription as determined by cholesterol level.

Compliance of Primary Operators with Radiation Monitoring Protocols in Cardiac Catheterisation

- Assisted in an audit ensuring that radiation monitoring was adhered to during cardiac catheterisation.

Mediastinoscopy in Lung Cancer Staging

- Led and designed an audit looking at lymph node biopsies in lung cancer evaluation.

Peripheral Venous Cannulation in Emergency Admission Surgical Patients

- Led and designed an audit looking at appropriate labelling, and removal of cannulas. Post intervention, reaudited and noted an improvement in removing cannulas within 72 hours of insertion.

CJD Risk Screening Protocol - Edinburgh Royal Infirmary

- In conjunction with the Scottish Executive; derived a new protocol for screening thoracic surgery patients.

teaching

2010

Foundation Programme Tutor Training

- Initiated and co-designed a training day for 112 junior doctors in South-East Scotland; aimed at developing their teaching skills. Sessions included skills workshops and practical applications of theory.

2009 – 10

Bedside Teachers

- Founder of Bedside teachers: developing clinical examination skills for Edinburgh University students in South-East Scotland, across six NHS hospitals to date. Designed online tuition for tutors, lesson formats, and feedback forms, from which research on junior doctor led teaching is ongoing.
- 92% of students believed the sessions to be “useful clinical experiences that they would otherwise not had”.

Practical Prescribing

- Organised and led foundation doctor led teaching for final year medical students.
- Provided focused sessions on improving prescribing skills in common emergency scenarios.

positions of responsibility



- Selected to nationally represent Southampton students - BMA Conference 2005.
Presented and had passed a motion that improved transport facilities for medical students at the national conference.
Acted as an advocate. Identified colleague concerns; took meaningful steps, and helped address problems.
- University PharmAware Committee - 2006.
The committee helps promote positive relationships between medical students and pharmaceutical companies.
Helped set-up the society; organised the launch event, and confidently undertook an introductory presentation.
- President of the University of Southampton Debating Society - 2007-8
- Convenor National Debating Competition - 2007 and 2008
- Chairman of University Debating Society - 2005
- University Chess Team - 2003
- Duke of Edinburgh Silver Award - 2002

conference presentations (international)

Global Maternal Newborn Health Conference (Mexico City, Mexico) 10/2015

Stillbirths – Where, When, Why, and What Data are needed for accelerating progress?

Lawn JE, Blencowe H, Flenady V, Reinebrant H, Froen F, Qureshi Z, Shiekh SI, Calderwood C, Cousens S, Waiswa P (oral)

Medical Women’s Federation Conference (London, UK) 10/2015

Professional development through participation in a medical student and junior doctor-led medical education project (poster)

Tang CM, Mason K, Shahid S, Rodrigues M, Maxwell S, Qureshi Z

Learner Wellbeing Across the Continuum (Pokfulam, Hong Kong) 10/2015

A Novel Approach to Medical Textbook Publishing: Junior Doctor and Medical Student Near Peer Teaching (oral)

Goomany A, Lattey K, Tang CM, Gimzewska M, Byrne P, Wood M, Andrews J, Hunt T, Maxwell S, Qureshi, Z

International Association for Medical Education Annual Conference (Glasgow, Scotland) 09/2015

Professional development through participation in a medical student and junior doctor-led medical education project (poster)

Tang, CM, Mason K, Shahid, S, Rodrigues M, Maxwell S, Qureshi Z

Perceptions of medical students and textbook authors on the process of generating medical textbooks (poster)

Mason K, Tang CM, Shahid S, Rodrigues M, Maxwell S, Qureshi Z

Paper textbooks have significant perceived advantages compared to electronic resources from a medical student perspective (poster)

Shahid S, Rodrigues M, Mason K, Ross M, Maxwell S, Qureshi Z

**Association for the Study of Medical Education Annual Conference
(Edinburgh, UK) 07/2015**

A Student Survey Assessing The Comparative Advantages of Junior- vs. Senior-Led Medical Textbooks (poster)

Shahid S, Mason K, Rodrigues M, Tang CM, Byrne P, Maxwell S, Ross M, Andrews J, Wood M, Qureshi Z

Motivations and potential benefits of contributing to medical textbooks (oral)

Mason K, Rodrigues M, Maxwell S, Ross M, Tang CM, Byrne P, Qureshi Z

**Association for the Study of Medical Education Annual Conference
(Brighton, UK) 07/2014**

Junior doctor and student near peer teaching: A novel approach to a medical publishing group (poster)

K.Lathey M. Rodrigues P. Byrne T. Hunt E. Hotton M. Wood J. Andrews M. Harris M. Sims C. Gee Qureshi Z

Junior doctor and student near peer teaching: A novel utilisation of social media (poster)

T. Hunt, K. Lathey, P. Byrne, M. Wood, M. Rodrigues, E. Hotton, M. Sims, C. Gee, Qureshi Z

Word Congress of Basic and Clinical Pharmacology (Cape Town, South Africa) 07/2014

Junior doctor-led tutorials improve medical students' prescribing performance

Gibson K, Qureshi Z, Ross MT, Maxwell S

**International Association for Medical Education Annual Conference
(Vienna, Austria) 08/2011**

A Comparison of Junior Doctor Led and Senior Doctor Led Bedside Teaching (poster)

K R Gibson, Qureshi Z, S R Maxwell, H S Cameron, M T Ross

Association for the Study of Medical Education Annual Conference (Edinburgh, UK) 07/2011

Centrally organised teaching led by foundation doctors is an effective method to increase bedside teaching, with potential advantages over senior staff

Qureshi Z, K R Gibson, S R Maxwell, H S Cameron, M T Ross. *The Clinical Teacher* 2011 *In Press*

Do Foundation Doctors Perceive a Requirement for Teacher Training?

K R Gibson, Qureshi Z, D Aitken, V R Tallentire, S R Maxwell, H S Cameron, M T Ross. *The Clinical Teacher* 2011 *In Press*

European Association for Clinical Pharmacology and Therapeutics Congress (Edinburgh, UK) 07/2009

A novel method for detecting antiplatelet effects of clopidogrel and improving individual responses in the context of percutaneous coronary intervention (poster)

Qureshi Z, Hobson A, Banks P, Curzen N. *Basic and Clinical Pharmacology and Toxicology* 2009, 105 (Suppl 1); MP9

Gender differences in baseline platelet reactivity and response to clopidogrel, but not aspirin, may contribute to the increased risk in young women with cardiovascular disease (oral)

Qureshi Z, Hobson A, Banks P, Curzen N. *Basic and Clinical Pharmacology and Toxicology* 2009, 105 (Suppl 1); O33

Anti-platelet effects of aspirin are modified by clopidogrel: Assessment of a clinically relevant interaction using short thrombelastography (poster)

Hobson A, Qureshi Z, Banks P, Curzen N. *Basic and Clinical Pharmacology and Toxicology* 2009, 105 (Suppl 1); MP26

Acute Cardiac Care Conference (Versailles, France) 10/2008

A comparison of two rapid assays of clopidogrel responsiveness, short TEG and VerifyNow P2Y12, in the context of Percutaneous Coronary Intervention (PCI) (poster)

Qureshi Z, Hobson AR, Curzen N. *Acute Cardiac Care* 2008, 10 (Suppl 3) A569

International Congress of Medical Sciences (Sofia, Bulgaria) 05/2008

Do higher loading doses of clopidogrel increase the observed antiplatelet effect in initial poor responders to a 600mg dose? A study using modified thrombelastography

Qureshi Z, Hobson AR, Curzen NP

conference presentations (national)

9th National Wessex Medical Education Conference (Southampton, England) 12/2014

Junior Doctor and Medical Student Led Textbooks (poster)

Goomany, A., Lattey K, Rodrigues M, Tang CM, Gimzewska M, Byrne P, Wood M, Andrews J, Hunt T, Maxwell S, Qureshi, Z

Near-peer led teaching through social media (poster)

Goomany, A, Hunt T, Rodrigues M, Lattey K, Tang CM, Gimzewska M, Byrne P, Wood M, Andrews J, Maxwell S, Qureshi, Z

Junior-led publishing: the benefits for professional development (oral)

Wharton L, Rodrigues M, Goomany, A., Lattey K, Tang CM, Gimzewska M, Byrne P, Wood M, Andrews J, Hunt T, Ross M, Maxwell S, Qureshi, Z

British Pharmacological Society Conference (London, England) 12/2011

South-East Scotland Prescribing Tutorials Programme - 5 Years On - The Tutors' Experiences (poster)

K R Gibson, Qureshi Z, M T Ross, S R Maxwell. BJCP 2011 *In Press*

South-East Scotland Prescribing Tutorials Programme - 5 Years On - The Tutees' Experiences (poster)

A Comparison of Junior Doctor Led and Senior Doctor Led Bedside Teaching

K R Gibson, Qureshi Z, M T Ross, S R Maxwell. BJCP 2011 *In Press*

**Society for Cardiothoracic Surgery in Great Britain and Ireland
Annual Meeting (London, UK) 03/2011**

*Lymphadenectomy in video assisted and open lung resections, is it always useful?
(oral)*

Woolley S, Hughes M, Qureshi Z, Walker W

American College of Cardiology Conference (Orlando, USA) 03/2009

*Platelet function testing can be used to optimise the use of 900mg clopidogrel
loading doses in the setting of percutaneous coronary intervention. (poster)*

Hobson AR, Qureshi Z, Banks P, Curzen NP *Journal of the American College
of Cardiology* 2009, 53 (Suppl A);A394

**British Pharmacological Society Conference (Brighton, England)
12/2008**

*A Novel Method for Detecting Anti-Platelet Effects of Clopidogrel and Improving
Individual Responses in the context of Percutaneous Coronary Intervention (poster)*

Hobson AR, Qureshi Z, Banks P, Curzen NP

Canadian Cardiovascular Conference (Toronto, Canada) 10/2008

*The addition of clopidogrel enhances the effect of aspirin, particularly in poor
responders to aspirin (poster)*

Qureshi Z, Hobson AR, Curzen NP *Canadian Journal of Cardiology* 2008, 24.
(Suppl E), A98

British Cardiac Society Conference (Manchester, England) 06/2008

*Anti-platelet effects of aspirin are modified by clopidogrel: assessment of a clinically
relevant interaction using short thrombelastography (poster)*

Hobson AR, Qureshi Z, Banks P, Curzen NP *Heart* 2008, 94, (Suppl II) A125

Bristol National Intercalators Conference (Bristol, England) 04/2008

*Do higher loading doses of clopidogrel increase the observed antiplatelet
effect in initial poor responders to a 600mg dose? A study using modified
thrombelastography*

Qureshi Z, Hobson AR, Curzen NP

conference presentations (local)

SUHT Conference (Southampton, England) 11/2008

A novel method for detecting antiplatelet effects of clopidogrel and improving individual responses in the context of percutaneous coronary intervention. (poster)

Qureshi Z, Hobson A, Banks P, Curzen N. Basic and Clinical Pharmacology and Toxicology 2009, 105 (Suppl 1); MP9

Gender differences in baseline platelet reactivity and response to clopidogrel, but not aspirin, may contribute to the increased risk in young women with cardiovascular disease. (poster)

Qureshi Z, Hobson A, Banks P, Curzen N. Basic and Clinical Pharmacology and Toxicology 2009, 105 (Suppl 1); O33

invited lectures

Institute of Child Health: Paediatrics (London, UK) 03/2016

Invited to give a presentation on careers in Paediatrics.

Queen's University Belfast: Paediatric Emergencies (Belfast, UK) 02/2016

Invited to give a presentation on Paediatric Emergencies, and run workshops with medical students

Kings College Hospital: Paediatric Grand Round (London, UK) 02/2016

Invited to give a presentation on stillbirth status, its relationship with paediatrics, and advocacy

Association for the Study of Medical Education (Edinburgh, UK) 08/2011

Invited to give a presentation on my career in medical education, and to receive the "New Leader Award"

South East Scotland Clinical Teaching Symposium (Edinburgh, UK) 08/2011

Becoming a Clinical Teacher: A presentation and discussion on the pathways to becoming a successful medical educator

invited workshops

Windsor Leadership Course (Windsor, UK) 05/2016

Invited tutor to medical directors/post graduate deans on leadership and management.

Towards a Stress Testing Methodology of SLCP Metrics – lessons learned, policy resilience, and current developments (London, UK) 10/2013

Invited expert to policy forum, giving a presentation on the link between climate change and health care. Participated amongst politicians, climate change experts, and policy researchers.

South East Scotland Clinical Teaching Symposium (Edinburgh, UK) 08/2011

Bedside Teachers: A workshop on implementing successful bedside teaching

printed material

manuscripts

- 1) *Effects of clopidogrel on "aspirin specific" pathways of platelet inhibition.*
Hobson A, Qureshi Z, Banks P, Curzen N. Platelets. 2009; 20:386-90 - PMID: 19811222
- 2) *Gender and responses to aspirin and clopidogrel: insights using short thrombelastography.*
Hobson A, Qureshi Z, Banks P, Curzen N. Cardiovasc Ther. 2009; 27:246-52 - PMID: 19903188
- 3) *The potential value of near patient platelet function testing in PCI: Randomised comparison of 600mg versus 900mg clopidogrel loading doses.*
Hobson A, Qureshi Z, Banks P, Curzen N. Thrombosis Research. 2010; 2010:908272
- 4) *Centrally Organised Bedside Teaching Led By Junior Doctors*
Qureshi Z, Seah M, Ross M, Maxwell S. Clinical Teacher 2013;10:141-5.
- 5) *Perceived tutor benefits of teaching near peers: Insights from two near peer teaching programmes in South East Scotland*
Qureshi ZU, Gibson KR, Maxwell S Ross MT. Scottish Medical Journal. 2013; 58: 188-192
- 6) *Junior Doctor-Led 'Near-Peer' Education for Medical Students.*
Gibson K, Qureshi Z, Ross M, Maxwell S. British Journal of Clinical Pharmacology. 2014; 77:122-9
- 7) *A Silenced Cry: Stillbirth still missing on the global health agenda.*
Qureshi Z, Millum J, Blencowe H, Kelley M, Fotrell E, Lawn JE, Costello A, Colbourn T. BMJ. 2015: 351:h4620
- 8) *Potential Benefits of Student- and Junior Doctor-Led Textbooks*
Qureshi Z, Lattey K, Rodrigues M, Ross M, Byrne P, Maxwell SM. Perspective in Medical Education. 2015; 4:149-152.

- 9) *Guidance for Junior Doctors and Medical Students Writing Undergraduate Textbooks*
Bradley A, Mason K, Rodrigues M, Tang CM, Wood M, Lattey K, Byrne P, Ross M, Maxwell M, Qureshi Z.
International Journal of Medical Students. 2015 Sep-Dec;3(3):150-2.
- 10) *National, regional, and worldwide estimates of stillbirth rates in 2015, with trends from 2000*
Blencowe H, Cousens S, Jassir FB, Say L, Chou D, Mathers C, Hogan D, Shiekh S, Qureshi ZU, You D, Lawn JE. Lancet Global Health. 2016; 4:e98-e108.

editorials

- 1) *Has Bedside Teaching Had It's Day?*
Qureshi Z, Maxwell S. Advances in Health Sciences Education 2012; 17:301-304 PMID: 21681592

letters

- 1) *Bedside Teaching*
Qureshi Z, Maxwell S Medical Teacher 2011; 33:594-5 PMID: 21681592
- 2) *Perceived tutor benefits of teaching near peers*
Qureshi ZU, Gibson K, Maxwell S, Ross M Medical Teacher 2013;35:261-2. PMID: 23137247

invited articles

- 1) *Adverse Reactions of Activated Charcoal.*
Qureshi Z, Eddleston M. *Adverse Drug Reaction Bulletin* 2011; 266:1023-6
doi: 10.1097/FAD.0b013e328345389e
- 2) *Clopidogrel Resistance: Where are we now?*
Qureshi Z, Hobson AR. *Cardiovascular Therapeutics* 2013;31:3-11PMID:
21884029
- 3) *Developing junior doctor delivered teaching*
Qureshi ZU, Rodrigues M, Parisinos C, Hall N, Ross M, Maxwell S. *Clinical
Teacher* 2013; 10: 118-23 PMID: 23480115
- 4) *Back to the Bedside: the role of bedside teaching in the modern era.*
Qureshi Z, *Perspect Med Educ.* 2014; 3:69-72 PMID: 24567253
- 5) *The case for launch of an international DNA-based birth cohort study*
Rudan I, Chopra M, Aulchenko Y, Baqui A, Bhutta ZA, Edmond K, Horta
BL, Klugman KP, Lanata CF, Madhi SA, Nair H, Qureshi Z, Rubens C,
Theodoratou E, Victora CG, Wang W, Weber MW, Wilson JF, Zgaga L,
Campbell H. *Journal of Global Health*, 2011 1:39-45. 2011. PMID: 23198101.
- 6) *A Long-Term, Sustainable, Inclusive, International Model for Facilitating Junior
Doctor and Medical Student-led Publishing*
Qureshi Z, Rodrigues M, Lattey K, Tang CM, Gimzewska M, Gee C, Ross M,
Byrne P, Hotton E, Hunt T, Andrews J, Wood M, Maxwell S. *Res Medica* 2014
22:149:158
- 7) *Cyberbullying: the impact on trainee doctors.*
Qureshi Z, Mason K. *Clin Teach* 2015; 12 (3), 214-217.
- 8) Lawn JE, Blencowe H, Waiswa P, Amouzou A, Mathers C, Hogan D, Flenady V,
Froen F, Qureshi ZU, Calderwood C, Shiekh S, Jassir FB, You D, McClure EM,
Mathai M, Cousens S. *Stillbirths: data for accelerating progress for 2030.* *Lancet.*
2016. Jan 18. pii: S0140-6736(15)00837-5. doi: 10.1016/S0140-6736(15)00837-5.
[Epub ahead of print]
- 9) Rodrigues M, Qureshi Z. *How to write a medical textbook.* *Student BMJ.* In Press.
- 10) Shahid S, Rodrigues M, Maxwell S, Tang CM, Mason K, Qureshi Z. *Flipped
Publishing: A New Paradigm for Medical Textbooks.* *Res Medica.* 2015, 23(1):92-94.

books

- 1) Tang CM, Qureshi Z, Fischbacher C. *The Unofficial Guide to Medical Research, Audit, and Teaching*. 1st Edition. 2015. Zeshan Qureshi. ISBN: 978-0957149984
- 2) Hotton E, Qureshi Z. *The Unofficial Guide to Practical Skills; 1st Edition*. 2014. Zeshan Qureshi. ISBN: 978-0957149960
- 3) Rodrigues M, Qureshi Z. *The Unofficial Guide to Radiology; 1st Edition*. 2014. Zeshan Qureshi. ISBN: 978-0957149946
- 4) Qureshi Z. *The Unofficial Guide to Passing OSCEs: Candidate Briefings, Patient Briefings and Mark Schemes; 1st Edition*. 2013. Zeshan Qureshi. ISBN: 0957149921
- 5) Qureshi Z, Maxwell S. *The Unofficial Guide to Prescribing; 1st Edition*. 2013. Elsevier. ISBN: 978-0702055201
- 6) Qureshi Z. *The Unofficial Guide to Passing OSCEs; Third Edition*. 2012. Zeshan Qureshi. ISBN: 0957149905
- 7) Qureshi Z, Gray S, Henderson S. *The Unofficial Guide to Passing OSCEs. 2nd Edition*. Medical Defence Union (MDU). 2010.
- 8) Mason K, Gimzewska M, Qureshi Z. *The Unofficial Guide to Surgery. 1st Edition*. Zeshan Qureshi. Commissioned.
- 9) Rodrigues M, Qureshi Z. *The Unofficial Guide to Radiology: 100 Abdominal X-rays. 1st Edition*. Zeshan Qureshi. Commissioned.
- 10) Rodrigues M, Qureshi Z. *The Unofficial Guide to Radiology: 100 Orthopaedic X-rays. 1st Edition*. Zeshan Qureshi. Commissioned.
- 11) Rodrigues M, Qureshi Z. *The Unofficial Guide to Radiology: 100 Chest X-rays. 1st Edition*. Zeshan Qureshi. Commissioned.
- 12) Tang T, Tang E, Bryne P, Qureshi Z. *The Unofficial Guide to Medicine. 1st Edition*. Zeshan Qureshi. Commissioned.
- 13) Qureshi Z. *The Unofficial Guide to Paediatrics. 1st Edition*. Zeshan Qureshi. Accepted for Publication.
- 14) Wood M, Lattey K, Qureshi Z. *The Unofficial Guide to Obstetrics and Gynaecology. 1st Edition*. Zeshan Qureshi. Commissioned.
- 15) Devakumar D, Hall J, Qureshi Z, Lawn J. *Global Maternal and Child Health. 1st Edition*. Oxford University Press. Commissioned.

media

Al Jazeera International News 26.4.16

Interviewed by Al Jazeera to an audience of 20 million people about the junior doctor strike.

BBC Radio London: Nikki Bedi Breakfast show 26.4.16

Interviewed on the breakfast show by Nikki Bedi, talking about junior doctor strikes.

Dorset Echo: The most demoralised junior doctor workforce in a generation are heading to the picket lines again today. 26.4.16

Available here: http://www.dorsetecho.co.uk/news/14451681._The_most_demoralised_junior_doctor_workforce_in_a_generation__are_heading_to_the_picket_lines_again_today/

Interviewed by Dorset Echo about the junior doctor strikes

LBC Radio: Ian Dale drivetime show 25.4.16

Interviewed on drivetime show about the junior doctor strikes.

Exeter Daily: "A Striking Junior Doctor Writes". 24.4.16

Available here: <http://www.theexeterdaily.co.uk/news/business-daily-local-news/striking-junior-doctor-writes>

Wrote a piece describing justification for striking

ITV National News: Junior Doctor Strike Coverage 24.4.16

Interviewed by Caron Bell for ITV News, talking about hospital services during the strike.

BBC Radio London: Nikki Bedi Breakfast show 29.2.16

Interviewed on the breakfast show by Nikki Bedi, talking about junior doctor strikes, mental health and the future of the NHS.

Inside-Out. Mental health and medicine 29.2.16

Interviewed by Claire Brennan for BBC 1 Documentary series Inside Out, about the relationship between medicine and mental health.

Newsweek, Europe: 52 Million Stillbirths Expected in the Next 20 Years

Available here: <http://europe.newsweek.com/52-million-stillbirths-expected-next-20-years-333522>

Interviewed by Conor Gaffey from Newsweek

Mic.com: Here's Why We Need to Talk More About Stillbirths

Available here: <http://mic.com/articles/125951/here-s-why-we-need-to-talk-more-about-stillbirths>,

With public debate here: <https://www.facebook.com/MicMedia/posts/1008562402499883>

Interviewed by Jenny Kutner from Mic.com, an online media source with over a million subscribers

Healthy Newborn Network: Unsilencing the Voices of Disadvantaged Women

Available here: <http://www.healthynewbornnetwork.org/blog/unsilencing-the-voices-of-disadvantaged-women>

Blogger for Healthy Newborn Network (HNN): an online community dedicated to addressing critical knowledge gaps in newborn health.

Student BMJ: Zeshan Qureshi, author of the successful medical textbook series The Unofficial Guide to Medicine

Interviewed by Abhishek Kumar from student BMJ.

Available here: <http://student.bmj.com/student/view-article.html?id=sbmj.h5197>

Medic Footprints: From Medicine to Medical Textbook Writer

Interviewed by Sara Sabin.

Available here: <http://medicfootprints.org/medicine-medical-text-book-writer/>

hobbies and wider interests

Travel:

- Extensive traveller to over 35 countries; visiting family, seeking adventure, and attending conferences and debating competitions.

Debating:

- A member of Southampton University Debating Society for six years. Competitively; reached the final of two international tournaments, and represented Southampton at the European Debating Championships.
- Taught others debating skills at university, at schools in Hampshire, and during tenure on the Debating Championships Chief Adjudication Team. (Baltic 2008).
- Worked extensively with committees, and engaged with both sponsors and advocate groups.